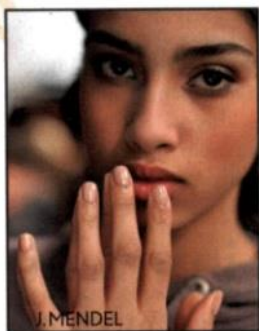


THIS MONTH'S NEWS AND PICKS

## CAFÉ au lait

This season's nails gave us a master class in subtlety. The barely-there tips at shows such as Helmut Lang and Oscar de la Renta ascribed to the less-is-more philosophy, which translated into creamy nudes, ballerina pinks and shimmering apricots. The lesson is that there's no such thing as a single "nude" colour. We're choosing a shade based on the hues of our favourite bevies: creamy lattes, iced coffees and caramel frappuccinos. So study up and place your order.

Glow picks (from top): L'Oréal Paris Collection Privée by Eva in Eva's Nude, \$8; LACC Vegan Friendly Nail Colour in 1992, \$13; Essie Nail Polish in Take It Outside, \$10 (limited edition); Deborah Lippmann Nail Lacquer in Naked, \$20 (available at murale.ca); Chanel Le Vernis Nail Colour in Secret, \$28 (available at Murale and select beautyBOUTIQUE by Shoppers Drug Mart locations).



## BRUSH OFF

When it comes to removing a day's worth of makeup, facial cleansing brushes can do all the heavy lifting for you. But are any two brushes alike? We've surveyed two new, buzz-worthy options.

### Life Brand Sonic Skincare Solution Facial Brush, \$75

With three speed settings and two removable brush heads, this skin-cleansing tool lets you personalize your face-washing routine. The gentle brush head is soft enough to use daily without irritating your skin, and the exfoliating head is ideal for an end-of-week scrub.



### Clinique Sonic System Purifying Cleansing Brush, \$95 (available at select beautyBOUTIQUE by Shoppers Drug Mart locations)

With firm green bristles for your forehead, chin and T-zone and soft white bristles for your cheeks, this brush takes the guesswork out of getting a glowy complexion. Its angled tip also helps you get at hard-to-reach areas around your nose, so consider those stubborn blackheads history.



*Tip: Let your brush do the work by gliding (not pressing) it across your skin. Pushing any sonic brush head against your face actually minimizes the oscillating motion and lessens its ability to clean.*

## brand you should know: DR ROEBUCK'S

This Australian brand's humble beginnings can be traced back to Sydney almost 30 years ago. A married couple, both physicians, decided to concoct their own homemade remedies for their children and patients that were safe, contained good-for-you ingredients, and were free of parabens and additives. This gave birth to Pure, the first salve for patients with problematic skin—whether it was sensitive, dry or damaged. In 2010, the Dr Roebuck's brand sprang to life, thanks to the duo's two daughters, who wanted to share

the family recipe with the world. They even preserved Pure's original formula, which consists of a handful of ingredients in a rich and buttery, skin-enveloping cream. The apothecary-style brand has since expanded to include several new products, including a toner, lip balm, exfoliator and body lotion.

The good news is you don't need to head Down Under to get it. The skincare label—which began selling in North America at Murale in 2012—will also be available this October in select Shoppers Drug Mart locations across Canada.

From left: Dr Roebuck's Toner, \$30; Pure Body, \$30; and Body & Handwash, \$19.

